

## Wirral Seaside Runs - October 25<sup>th</sup>, 2009

### Race 200 - Final Race of 25<sup>th</sup> Season

Hi everyone,

A great turnout for the 200<sup>th</sup> race - 25 years times 8 races per year. (Actually the first year didn't have eight races so Race 200 will probably be next May! It's just a bit tidier this way)

It was nice to see some past winners there and some good competition for the £50 First Prize. This was won by Shaun Egan in 15'29" with the Lady winner coming in 7<sup>th</sup> in 17'03" for £25. Well done to both. Best PB - and there were lots and lots of PBs courtesy of a great wind - was Madeleine Holemans with 275 seconds off her PB. It was also nice to see Dr Ron Hill back again to take 58 seconds off his Seaside PB.

Many thanks go to all the helpers, including son Trevor, Hal Darlington and Dave Stott who enable the races to go smoothly each month. Sue and Wendy are regulars whilst a huge thank you goes to my wife Alison who not only has a big part in organising the registration but 'mans the boats' at home to enable me to sort out all the other Seaside Run stuff and results. I also have her to thank for the surprise award trophy for my 20 years of organising Seaside Runs. I had no idea!

For this special race we were sponsored in several ways. Adrian Mercer of Joints and Points Healthcare not only has increased his Spot Prize contribution (winners later) to ten £20 off vouchers but also arranged the Goody Bags. He provided the bags and filled them with his own items plus some from RunLiverpool and also Parfett's of Aintree. The many Spot Prizes given at the end were contributed by Julie Ebbrell of Runners Sports in New Ferry. Many thanks go to them and please support them in return.

Joints and Points voucher winners were: 10<sup>th</sup> Matt Wilson / 20<sup>th</sup> Gary White / 30<sup>th</sup> Adrian Wade / 40<sup>th</sup> David Halliday / 50<sup>th</sup> Geoff Cook / 60<sup>th</sup> Steve Denton / 70<sup>th</sup> Neville Zabłudow / 80<sup>th</sup> Cecilia Schroder / 90<sup>th</sup> John Newitt / 100<sup>th</sup> Peter Stanley. Just turn up at reception in their clinics or phone 0844 415 4895 to claim the prize.

Photos of all the runners and the start are on -

[www.tonyclixby.com/web4/WIRRAL/WIRRAL/index.html](http://www.tonyclixby.com/web4/WIRRAL/WIRRAL/index.html)

Race dates for next year will be on the website and I hope to get emails out to you all too.

Thanks for supporting the Seasides -

Roy Fisher

Roy Fisher - Race Organiser 0151-648-7671 [roy@seasideruns.com](mailto:roy@seasideruns.com)

POS	MIN	SEC	NAME	SURNAME	PB'	PB''	PB-	CLUB	CATEG
1	15	29	SHAUN	EGAN	15	29	74	WIRRAL AC	U20
2	15	49	GREG	JONES	15	49	27	WALLASEY A.C.	SM
3	15	53	PHILIP	PEERLESS	15	53	2	WIRRAL A.C.	SM
4	15	55	ROB	TUDOR	15	55	101	WEST CHESHIRE	M40
5	16	36	ANTHONY	McDEVITT	14	40	0	WIRRAL A.C.	M55
6	16	55	BRYAN	RENTON	16	55	0	*	SM
7	17	3	RACHEL	JONES	17	3	0	PRESTON HARRIERS	W35
8	17	9	RICHARD	EVANS	17	9	158	WIRRAL AC	U20
9	17	12	JOHN	RIMMER	17	12	0	BIRKENHEAD AC	SM
10	17	23	MATT	WILSON	17	23	72	*	SM
11	17	31	WILLIAM	HABGOOD	17	31	0	*	M40
12	17	43	KEITH	SCOVELL	17	43	65	*	M45
13	17	49	NICK	JOHNSON	17	49	48	*	M40
14	17	56	NEIL	ATKINSON	17	56	0	WEST CHESHIRE AC	M45
15	17	58	MICHAEL	STONE	16	39	0	WIRRAL A.C.	M50
16	18	6	MAURICE	REID	18	6	0	NEWPORT RC	M40
17	18	8	IAN	BLYTHYN	18	8	63	*	M45
18	18	12	CHRIS	SLAVIN	16	45	0	LIVERPOOL PEMBROKE	SM
19	18	22	NICK	BYRNE	16	53	0	PENSBY RUNNERS	SM
20	18	24	GARY	WHITE	17	30	0	MERSEY-TRI	M45
21	18	27	ANDREW	VEEVERS	18	27	16	*	SM
22	18	27	JOHN	COURTNEY	18	27	46	*	SM
23	18	29	ANTHONY	PEACOCK	18	29	28	NORTHERN VETS	M55
24	18	35	NICOLA	ROWLEY	18	35	0	BLACKPOOL W&FYLDE	SW
25	18	41	STEPHEN	O'NEILL	17	52	0	*	M55
26	18	41	ALAN	BRACK	18	41	0	*	SM
27	18	42	ROB	CUNLIFFE	18	42	0	*	M45
28	18	44	CHRISTOPHER	SLAVIN	16	59	0	NORTHERN VETS	M60
29	18	57	LIAM	WALSH	18	57	0	*	SM

30	19	13	ADRIAN	WADE	19	6	0	*	M40
31	19	19	SARAH	KEARNEY	19	19	63	*	W35
32	19	19	NICK	WILSON	19	19	44	*	SM
33	19	23	LAUREN	BRETT	19	23	38	WIRRAL AC	U16
34	19	31	SEAN	BOSWELL	19	31	48	WIRRAL AC	U16
35	19	40	PAUL	WALSH	19	40	0	*	M45
36	19	44	ADRIAN	MERCER	19	44	2	PENSBY RUNNERS	SM
37	19	51	EMILY	KEARNEY	19	51	0	WIRRAL AC	U16
38	19	52	KEVIN	CURTIS	17	25	0	*	M50
39	19	57	PETER	ELLIOTT	19	57	15	PENSBY RUNNERS	M45
40	20	11	DAVID	HALLIDAY	20	11	74	*	SM
41	20	20	MARTYN	ROBERTS	20	20	0	*	SM
42	20	25	IAIN	ARNISON	20	25	84	PENSBY RUNNERS	SM
43	20	27	PAUL	CHAMBERS	20	27	60	*	M40
44	20	28	MARK	ROBERTS	20	28	136	PENSBY RUNNERS	M55
45	20	35	JAMES	ATKIN	20	35	96	*	M50
46	20	43	ANDY	CARRAGHER	20	43	0	BIRKENHEAD AC	M50
47	20	47	GARY	GATES	20	47	30	*	M40
48	20	50	SHARON	LAMONT	20	50	23	WALLASEY AC	W45
49	21	9	CRAIG	MURPHY	21	9	157	*	SM
50	21	15	GEOFF	COOK	21	15	0	*	SM
51	21	16	DOMINIC	THOMAS	21	16	0	*	U20
52	21	17	IAN	GRATRIX	21	17	47	PENSBY RUNNERS	SM
53	21	19	LES	EVANS	21	19	53	*	M50
54	21	20	BETH	FOSTER	21	20	0	WIRRAL AC	U16
55	21	22	DAVID	CAULFIELD	21	22	0	*	M40
56	21	28	RICHARD	TOMKINSON	18	10	0	BIRKENHEAD A.C.	M60
57	21	28	BARRY	CHAMBERS	19	39	0	VALE ROYAL A.C.	M55
58	21	30	KATHRYN	BEHAN	21	30	89	BIRKENHEAD AC	W50
59	21	35	FIONA	STUART	21	35	0	WIRRAL AC	U16
60	21	52	STEVE	DENTON	21	52	60	*	SM
61	21	58	ROY	JARDINE	20	0	0	ERYRI HARRIERS	M60
62	21	59	PAOLA	DE MOZZI	21	59	123	*	SW
63	22	2	ARIANNA	ANDREANGELI	22	2	0	*	SW
64	22	8	AILEEN	KEARNEY	22	8	0	WIRRAL AC	U16
65	22	10	FRED	ROBERTS	18	2	0	PENSBY RUNNERS	M55
66	22	11	ALLAN	KETTLEDAY	22	11	31	*	M55
67	22	15	DAVE	WHITCOMBE	22	15	0	*	SM
68	22	20	LAWRIE	BROWN	20	33	0	BIRKENHEAD A.C.	M65
69	22	23	JAKE	THOMSON	22	23	0	*	SM
70	22	27	NEVILLE	ZABLUDOW	22	27	211	APEX RUNNERS	SM
71	22	29	HANNAH	BOSCOMBE	22	29	0	*	SW
72	22	36	EMILY	ATKIN	25	39	183	WIRRAL AC	U16
73	22	38	MICHAEL	TRUELOVE	20	20	0	*	M50
74	22	41	HARRY	GREENWOOD	19	52	0	PICTON A.C.	M60
75	22	41	CHRISTOPHER	GREGORY	20	25	0	*	M60
76	22	41	RON	HILL	22	41	58	CLAYTON-LE-MOORS	M70
77	22	57	IAN	ZELLER	22	57	0	*	SM
78	23	3	PHILIP	POLAND	23	3	0	*	SM
79	23	5	THOMAS	REID	20	40	0	*	M60
80	23	11	CECILIA	SCHRODER	23	11	52	ST.HELENS SUTTON	W60
81	23	13	WILLIAM	CRISPIN	23	13	0	*	M45
82	23	14	SID	MOLYNEUX	18	30	0	PICTON A.C.	M60
83	23	20	PETER	ASHTON	23	20	127	*	SM
84	23	28	PETER	EDWARDS	21	3	0	NORTHERN VETS	M70
85	23	37	DEREK	HOLCROFT	23	37	21	*	M50
86	23	46	JEAN	EVANS	23	46	122	*	W55
87	23	48	ROBERT	EVANS	23	48	0	*	M60
88	23	50	DAVID	GODWIN	19	46	0	WALLASEY A.C.	M50
89	23	53	BARBARA	GREGORY	22	42	0	*	W60
90	23	56	JOHN	NEWITT	23	56	0	*	M40
91	23	57	SUE	DAVIES	23	57	133	PENSBY RUNNERS	W45

92	23	59	KATARINA	CASANOVA	23	59	168	*	SW
93	24	17	JOHN	MASON	24	17	46	*	M55
94	24	23	LEE	PICKERING	24	23	0	REDCOURT RR	SM
95	24	29	BILL	PRESTON	24	29	5	UKNET RUNNER	M55
96	24	32	MILLIE	POWELL	24	32	0	*	U16
97	24	33	DAVID	EVANS	24	33	0	*	M45
98	24	35	GREG	POWELL	24	35	0	*	M45
99	24	48	LAUREN	STANLEY	24	48	13	*	SW
100	24	49	PETER	STANLEY	17	19	0	*	M50
101	24	50	HELEN	KENT	24	50	89	*	W35
102	24	52	CATHERINE	LANCASTER	24	52	133	PENSBY RUNNERS	W50
103	24	55	SANDRA	WHITTINGHAM	24	55	0	*	W50
104	25	7	ANNE	HURRELL	24	26	0	NORTHERN VETS	W55
105	25	9	JUDE	FAVAGER	25	9	0	PENSBY RUNNERS	W35
106	25	13	SARA	DAVIES	25	13	153	*	W35
107	25	22	CAROLYN	HARRIS	25	22	0	*	W45
108	25	29	STEPHEN	BIRD	25	29	207	*	U20
109	25	40	JAMES	FITZSIMONS	25	40	0	*	M55
110	25	40	PAUL	FITZSIMONS	25	40	0	*	SM
111	25	42	KAREN	LAMBERTON	25	21	0	*	W55
112	25	56	STEVE	LINDSAY	25	56	98	BIRKENHEAD AC	M40
113	26	7	MARGARET	DELANEY	25	17	0	BIRKENHEAD A.C.	W55
114	26	8	MARIA	HAIGH	26	8	29	BIRKENHEAD AC	W40
115	26	17	MADELEINE	HOLEMANS	26	17	275	*	U16
116	26	19	DOROTHY	FAIRHURST	25	43	0	ST.HELENS SUTTON	W65
117	26	33	JOHN	EVANS	26	33	0	DEETROGS DEESIDEOC	M70
118	26	43	DAVID	LEWIS	26	43	0	WALLASEY AC	M50
119	26	47	FRAN	MATHEWS	26	47	0	*	U20
120	26	47	RICHARD	MATHEWS	26	47	0	SPECTRUM STRIDERS	M50
121	26	54	ERIN	DAVIES	26	54	0	*	U16
122	26	55	JULIE	HOLEMANS	26	55	72	*	W45
123	26	56	PAULA	BYRNE	26	56	135	*	W50
124	27	6	SHELLEY	BOWYER	27	6	0	*	W40
125	27	9	LESLEY-ANNE	CUCKSEY	27	9	0	*	W45
126	27	25	FINNIAN	BOWYER	27	25	0	*	U16
127	27	29	DENISE	SKILLICORN	27	29	73	*	W50
128	27	32	JOANNE	BARON	27	32	166	*	SW
129	27	33	DANIEL	ARNOLD	27	33	0	*	SM
130	27	34	KATHRYN	PATERSON	27	34	0	*	W50
131	27	37	PATRICIA	WHITE	27	37	0	*	W45
132	27	46	CRAIG	BOSWELL	27	46	0	*	M40
133	28	6	NICOLA	SHERRY	28	6	0	REDCOURT RUNNERS	W35
134	28	13	LIZ	CONNOLLY	28	13	158	*	W35
135	28	18	TERRY	McNAMARA	28	18	14	*	M45
136	28	29	JAMES	BANKS	28	29	0	*	SM
137	28	34	JOSEPH	GATES	28	34	0	*	U20
138	28	37	PETER	HASLETT	27	46	0	*	M50
139	29	7	NICOLA	GRANDY	29	7	0	BIRKENHEAD	SW
140	29	8	KIRSTY	HOLCROFT	29	8	0	*	SW
141	29	34	NEVILLE	TILLEY	29	34	0	*	M60
142	29	38	MARTIN	BURKE	29	8	0	*	M40
143	29	45	JANE	EVANS-WOODASON	29	45	32	*	W40
144	29	47	NORMAN	GRUNDY	24	31	0	BIRKENHEAD A.C.	M65
145	29	51	ELINOR	BRIDGE	29	51	0	WIRRAL AC	U20
146	29	51	CLAIRE	WALMSLEY	29	51	0	DEVA	W35
147	30	17	JONATHON	WILLIAMS	30	17	0	*	M45
148	30	48	SARA	BLAGG	30	48	0	DEVA FITNESS	W40
149	30	48	JACKIE	KNOTT	30	48	0	*	W50
150	33	26	ALEXANDRA	STANLEY	33	26	125	WALLASEY AC	U20
151	33	26	MARGARET	McNELIS	22	12	0	WALLASEY A.C.	W45
152	33	29	MICHAEL	STANLEY	14	57	0	WALLASEY A.C.	M45
153	33	54	LESLEY	MAHMOOD	33	54	0	*	W55
154	34	5	CAROL	TILLEY	31	13	0	*	W60

## Ladies' Results

POS	MIN	SEC	NAME	SURNAME	PB'	PB''	PB-	CLUB	CATEG
1	17	3	RACHEL	JONES	17	3	0	PRESTON HARRIERS	W35
2	18	35	NICOLA	ROWLEY	18	35	0	BLACKPOOL W&FYLDE	SW
3	19	19	SARAH	KEARNEY	19	19	63	*	W35
4	19	23	LAUREN	BRETT	19	23	38	WIRRAL AC	U16
5	19	51	EMILY	KEARNEY	19	51	0	WIRRAL AC	U16
6	20	50	SHARON	LAMONT	20	50	23	WALLASEY AC	W45
7	21	20	BETH	FOSTER	21	20	0	WIRRAL AC	U16
8	21	30	KATHRYN	BEHAN	21	30	89	BIRKENHEAD AC	W50
9	21	35	FIONA	STUART	21	35	0	WIRRAL AC	U16
10	21	59	PAOLA	DE MOZZI	21	59	123	*	SW
11	22	2	ARIANNA	ANDREANGELI	22	2	0	*	SW
12	22	8	AILEEN	KEARNEY	22	8	0	WIRRAL AC	U16
13	22	29	HANNAH	BOSCOMBE	22	29	0	*	SW
14	22	36	EMILY	ATKIN	25	39	183	WIRRAL AC	U16
15	23	11	CECILIA	SCHRODER	23	11	52	ST.HELENS SUTTON	W60
16	23	46	JEAN	EVANS	23	46	122	*	W55
17	23	53	BARBARA	GREGORY	22	42	0	*	W60
18	23	57	SUE	DAVIES	23	57	133	PENSBY RUNNERS	W45
19	23	59	KATARINA	CASANOVA	23	59	168	*	SW
20	24	32	MILLIE	POWELL	24	32	0	*	U16
21	24	48	LAUREN	STANLEY	24	48	13	*	SW
22	24	50	HELEN	KENT	24	50	89	*	W35
23	24	52	CATHERINE	LANCASTER	24	52	133	PENSBY RUNNERS	W50
24	24	55	SANDRA	WHITTINGHAM	24	55	0	*	W50
25	25	7	ANNE	HURRELL	24	26	0	NORTHERN VETS	W55
26	25	9	JUDE	FAVAGER	25	9	0	PENSBY RUNNERS	W35
27	25	13	SARA	DAVIES	25	13	153	*	W35
28	25	22	CAROLYN	HARRIS	25	22	0	*	W45
29	25	42	KAREN	LAMBERTON	25	21	0	*	W55
30	26	7	MARGARET	DELANEY	25	17	0	BIRKENHEAD A.C.	W55
31	26	8	MARIA	HAIGH	26	8	29	BIRKENHEAD AC	W40
32	26	17	MADELEINE	HOLEMANS	26	17	275	*	U16
33	26	19	DOROTHY	FAIRHURST	25	43	0	ST.HELENS SUTTON	W65
34	26	47	FRAN	MATHEWS	26	47	0	*	U20
35	26	54	ERIN	DAVIES	26	54	0	*	U16
36	26	55	JULIE	HOLEMANS	26	55	72	*	W45
37	26	56	PAULA	BYRNE	26	56	135	*	W50
38	27	6	SHELLEY	BOWYER	27	6	0	*	W40
39	27	9	LESLEY-ANNE	CUCKSEY	27	9	0	*	W45
40	27	29	DENISE	SKILLICORN	27	29	73	*	W50
41	27	32	JOANNE	BARON	27	32	166	*	SW
42	27	34	KATHRYN	PATERSON	27	34	0	*	W50
43	27	37	PATRICIA	WHITE	27	37	0	*	W45
44	28	6	NICOLA	SHERRY	28	6	0	REDCOURT RUNNERS	W35
45	28	13	LIZ	CONNOLLY	28	13	158	*	W35
46	29	7	NICOLA	GRANDY	29	7	0	BIRKENHEAD	SW
47	29	8	KIRSTY	HOLCROFT	29	8	0	*	SW
48	29	45	JANE	EVANS-WOODASON	29	45	32	*	W40
49	29	51	ELINOR	BRIDGE	29	51	0	WIRRAL AC	U20
50	29	51	CLAIRE	WALMSLEY	29	51	0	DEVA	W35
51	30	48	SARA	BLAGG	30	48	0	DEVA FITNESS	W40
52	30	48	JACKIE	KNOTT	30	48	0	*	W50
53	33	26	ALEXANDRA	STANLEY	33	26	125	WALLASEY AC	U20
54	33	26	MARGARET	McNELIS	22	12	0	WALLASEY A.C.	W45
55	33	54	LESLEY	MAHMOOD	33	54	0	*	W55
56	34	5	CAROL	TILLEY	31	13	0	*	W60