

# BIRKENHEAD ATHLETIC CLUB

PRESENTS

## THE PRESIDENT'S SHIELD 5K TRACK RACE 2009



**FRIDAY 24TH APRIL**  
**VENUE: THE OVAL**  
**ARRIVAL: 7.PM**

ON YOUR MARKS: 7.15PM

AWARDS

**PRESIDENT'S SHIELDS TO 1ST MAN & WOMAN**  
**PRESIDENT'S CUPS TO FIRST 1ST CLAIM MEMBERS**  
**AWARDS TO BE PRESENTED AT THE AGM**

Race followed by an

**INDIAN MEAL**

ALL MEMBERS ARE INVITED TO THE POST RACE MEAL AT A LOCAL INDIAN RESTAURANT

Please contact Margaret Delaney to reserve your place (venue T.B.A)

**Phone or Email: DELFAMO@hotmail.com**