



Sandstone Trail Challenge



Saturday 21 May 2011

Over 18s entry form

Please print out this page, fill in the details and send it to the address below, not forgetting to enclose your £18 entry fee. If you want an acknowledgement of your entry and don't have an email address, enclose a stamped addressed envelope. All event information is on our website www.helsbyrunningclub.org.uk and has also been sent out with entry forms requested by post. We hope not to have to send out any further information.

First name:	Surname:
Address:	
Home phone:	Mobile phone (if you will have it on the day):
Email address (print carefully):	Age on day of event:
Male or Female (circle one)	Walker or Runner (circle one)
Would you prefer a vegetarian meal? (circle one)	Yes No
If you don't want coach transport from Frodsham to Whitchurch before the event please write "NO" here – note there is no discount for this, but at least we'll know not to expect you:	
I will be over 18 on the day of the Sandstone Trail Challenge, and I have read and agree to abide by the conditions of entry as published on the website and distributed with mailed entry forms	
Signed:	Date:
How did you hear about the event?	
Please send the completed entry form together with a cheque for £18 to: Andy Robinson, Pickerings Cottage, Pickerings, Crowton, Northwich, Cheshire CW8 2ZR. Cheques should be made payable to Helsby Running Club.	
You can contact us by email: andy@crewood.net	