

# Summer MULTI-TERRAIN League 2010

Tuesday Evenings  
In  
September

(Under UK Athletics Rules, Permits 2010-100854,100855,100853 & 100852)

7th, Royden Park, Frankby, 7.00pm

14th, Wirral Country Park, Thurstaston 7.00pm

21st, Beach, Harrison Drive, Wallasey 6.30pm

28th, Arrowe Country Park, 6.30pm

Entry Fee £1 per race  
Payable on the night only

Open to runners of  
affiliated clubs only

JUNIOR RACE  
Under 15  
(Min. age 12)



## **INDIVIDUAL**

First three male and  
female athletes in:  
U20, U30, U40, O40,  
O50, O60 + Overall

## **TEAM**

First three male  
and female teams  
plus first 'B' team

For More Information contact:  
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