



# Active Life

Newsletter of Birkenhead Athletic Club

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[www.birkenheadac.co.uk](http://www.birkenheadac.co.uk)

**HAPPY EASTER TO YOU ALL**

## HAPPY 15th BIRTHDAY BAC

I am sure 15 years ago the original 8 runners who were at the founding of BAC never thought it would grow to the heights it has. To show what a good club we are the same 8 are still active members and a big "Thank You" must go to them for having the foresight to start the club. Since those early days the club has grown into a sociable, fun running club. Yes we have serious runners but we don't have superstars, no cliques just a good fun loving running club. We have such a diverse cross section of runners. Whether it is multi-terrain, cross country, road running or even "hellrunner" type of events. We even have a couple of triathletes as members. We have in the last 5 years started running abroad with organised trips for half marathons to Amsterdam, Paris, Torremolinos and Barcelona. This year it is Nice. We have several runners who have managed to get further afield to America, Australia and Hawaii and New Zealand. Obviously local runs are also on the agenda and also not as local as we have travelled to all of the 4 Home Countries. The Summer and Winter handicaps have grown as have our Social evenings and Christmas Disco's. Thanks to our previous editor, John Wright we have an informative Newsletter. We have a superb web-site, which is ideal for keeping, not just our own club but other runners looking for something different, up to date. Members have joined after looking on the web-site to see what we have to offer, like what they see and join. All this from a get together 15 years ago. Brilliant! All this is because we are BIRKENHEAD ATHLETIC CLUB. I know it doesn't pay to look to far ahead but where next for BAC?

There are photos from the early days of the Club in this issue. These are courtesy of Margaret Delaney and Pauline Martin



First name? Mile Road Runners



First Trip, by BAC, to Great North Run 1997