

OFFICERS & COMMITTEE MEMBERS

President Tony Bobby
Chairman Andy Waring
andytherunnerno1@talktalk.net or
334 2834
Secretary Norman Grundy
norman.grundy132@btopenworld.com or
327 5416
Treasurer Margaret Delaney
Social Secretary Pauline Martin
Committee
Lawrie Brown & Jerry Williams
Vests can also be obtained from Lawrie
lawrie40@yahoo.co.uk

DATES FOR YOUR DIARY

CROSS COUNTRY

SUNDAY 16th JANUARY 2011 at 10am in Runcorn Town Park.

SUNDAY 27th FEBRUARY 2011 at 10am in Walton Hall Park, Liverpool

SUNDAY 5th MARCH 2011 at 10am in Birchwood Forest Park, Warrington

ANDY'S EXTRAS

Thursday 13th January - Hills on the Avenues off Teehey Lane - meet at training venue 6-30pm

Thursday 10th February - Sprints in Port Sunlight - meet at the War Memorial at 6-30pm

Thursday 10th March - Hills on the Avenues off Teehey Lane - meet at training venue 6-30pm (Maybe Rest hill if light!!)

NEW MEMBERS

Welcome to our new members
Natasha Sestan, Sandra Barker, Ian McNeill, Martin Brooks, Jay Prethero, Simon Ward, Sean Britton, Keith Davies. Hopefully you will all enjoy running with BAC for many years.
We now have 64 members

OPERATIONS

Recently Steve Roberts underwent the knife for a hip problem. Thankfully Steve is well on the road to recovery.

We also have Dave Griffiths awaiting an operation for his long-standing back problem. The date is not yet know but I am sure we all wish Dave well and for a speedy recovery. He can't wait to get back running.
Dave now works at Stirling University and lives in beautiful Crieff.

CLUB VESTS

These are available from Lawrie Brown and are priced at £15. You are required to wear your vests when entering the Cross country, Multi-terrain and other races.

CONGRATULATIONS

To Debs and Andy Gardner on celebrating 25 years of marriage. They renewed their Wedding Vows over the anvil at Gretna Green.

EQUALISER

The year is nearly up for this competition and there are plenty in the "running" to take the men's and ladies prizes.

The winners are announced at the AGM.



Presidents 5k Track Race at Stanney Oaks Track 2008



Amsterdam half marathon 1996



Presidents 5k Track Race 2001 at Bebington Oval